

7Days



# Travel ITINERARY



## DAY 1 - DESTINATION

**MORNING**  
( 06.00 - 09.00 )

9:00 AM: Pick-up from Negombo or Colombo →  
12:30 PM: Lunch break in Dambulla Town →  
1:30 PM: Sightseeing at **Dambulla Cave Temple**  
**\*UNESCO World Heritage Site** →

**AFTERNOON**  
( 15.00 - 17.00 )

3:00 PM: Depart from Dambulla →  
3:30 PM: Overnight stay in Sigiriya.



## DAY 2 - DESTINATION

**MORNING**  
( 06.00 - 09.00 )

5:30 AM: Depart from the hotel →  
Sightseeing at **Sigiriya Rock \*UNESCO World Heritage Site** →  
8:00 AM: Return to the hotel for breakfast and rest →

**AFTERNOON**  
( 15.00 - 17.00 )

\*Free time until the afternoon: Optional activities such as Ayurveda treatments →  
2:00 PM: Depart from the hotel →  
2:30 PM: Transfer to a jeep in Habarana and begin the **Minneriya National Park safari tour** →  
5:30 PM: Overnight stay in Sigiriya.



## DAY 3 - DESTINATION

**MORNING**  
( 06.00 - 09.00 )

8:00 AM: Depart from the hotel →  
9:30 AM: Sightseeing in **Polonnaruwa \*UNESCO World Heritage Site** →

**AFTERNOON**  
( 15.00 - 17.00 )

12:00 PM: Lunch break in Polonnaruwa Town →  
1:30 PM: Depart from Polonnaruwa →  
3:00 PM: Overnight stay in Sigiriya.



## DAY 4 - DESTINATION

**MORNING**  
( 06.00 - 09.00 )

9:00 AM: Check out from the hotel →  
Sightseeing along the way in Matale is also possible (e.g., Noritake Factory Outlet, Aluvihara Cave Temple) →

**AFTERNOON**  
( 15.00 - 17.00 )

1:00 PM: Sightseeing in Kandy City (e.g., **Temple of the Sacred Tooth Relic**, Lake View Point, Kandy City Centre, Kandyan Dance performance, etc.) →  
Evening: Overnight stay in Kandy City.



## DAY 5 - DESTINATION

**MORNING**  
( 06.00 - 09.00 )

Morning: Depart from the hotel →  
**Board the train from Kandy Railway Station. The taxi will head to Nuwara Eliya** →

**AFTERNOON**  
( 15.00 - 17.00 )

Around noon: Disembark at Nanu Oya Station in Nuwara Eliya and meet up with the taxi →  
Sightseeing in **Nuwara Eliya** (e.g., lunch, Gregory Lake, Hakgala Botanical Garden, etc.) →  
Afternoon: Overnight stay in Nuwara Eliya.



## DAY 6 - DESTINATION

**MORNING**  
( 06.00 - 09.00 )

Morning: Depart from the hotel →  
Sightseeing in Nuwara Eliya (e.g., **Damro Labookellie Tea Factory & Tea Plantation tour, High Tea** at the hotel, etc.) →

**AFTERNOON**  
( 15.00 - 17.00 )

Afternoon: Overnight stay in Nuwara Eliya.



## DAY 7 - DESTINATION

**MORNING**  
( 06.00 - 09.00 )

10:00 AM: Check out from the hotel →  
Head toward Colombo via tea-producing areas such as Hatton (with a few short breaks at cafes along the way) →

**AFTERNOON**  
( 15.00 - 17.00 )

4:00 PM: Drop-off at a hotel in Colombo city.