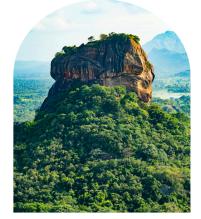
7Days Travel ITINERARY



DAY 1 - DESTINATION

MORNING (06.00 - 09.00)	9:00 AM: Pick-up from Negombo or Colombo → 12:30 PM: Lunch break in Dambulla Town → 1:30 PM: Sightseeing at Dambulla Cave Temple *UNESCO World Heritage Site →
AFTERNOON	3:00 PM: Depart from Dambulla →
(15.00 - 17.00)	3:30 PM: Overnight stay in Sigiriya.



DAY 2 - DESTINATION

MORNING (06.00 - 09.00)	5:30 AM: Depart from the hotel → Sightseeing at Sigiriya Rock *UNESCO World Heritage Site → 8:00 AM: Return to the hotel for breakfast and rest → *Free time until the afternoon: Optional activities
AFTERNOON (15.00 - 17.00)	such as Ayurveda treatments → 2:00 PM: Depart from the hotel → 2:30 PM: Transfer to a jeep in Habarana and begin the Minneriya National Park safari tour → 5:30 PM: Overnight stay in Sigiriya.





DAY 3 - DESTINATION

MORNING (06.00 - 09.00)	8:00 AM: Depart from the hotel → 9:30 AM: Sightseeing in Polonnaruwa *UNESCO World Heritage Site →
AFTERNOON (15.00 - 17.00)	12:00 PM: Lunch break in Polonnaruwa Town → 1:30 PM: Depart from Polonnaruwa → 3:00 PM: Overnight stay in Sigiriya.

DAY 4 - DESTINATION

MORNING (06.00 - 09.00)	9:00 AM: Check out from the hotel → Sightseeing along the way in Matale is also possible (e.g., Noritake Factory Outlet, Aluvihara Cave Temple) →
AFTERNOON (15.00 - 17.00)	1:00 PM: Sightseeing in Kandy City (e.g., Temple of the Sacred Tooth Relic , Lake View Point, Kandy City Centre, Kandyan Dance performance, etc.) → Evening: Overnight stay in Kandy City.



DAY 5 - DESTINATION

•	MORNING (06.00 - 09.00)	Morning: Depart from the hotel → Board the train from Kandy Railway Station. The taxi will head to Nuwara Eliya →
•	AFTERNOON (15.00 - 17.00)	Around noon: Disembark at Nanu Oya Station in Nuwara Eliya and meet up with the taxi → Sightseeing in Nuwara Eliya (e.g., lunch, Gregory Lake, Hakgala Botanical Garden, etc.) → Afternoon: Overnight stay in Nuwara Eliya.

DAY 6 - DESTINATION

MORNING (06.00 - 09	.00) Morning: Depart from the hotel → Sightseeing in Nuwara Eliya (e.g., Damro Labookellie Tea Factory & Tea Plantation tour,
AFTERNOON (15.00 - 17.0	 High Tea at the hotel, etc.) → Afternoon: Overnight stay in Nuwara Eliya.



DAY 7 - DESTINATION

MORNING (06.00 - 09.00)	10:00 AM: Check out from the hotel → Head toward Colombo via tea-producing areas such as Hatton (with a few short breaks at cafes
AFTERNOON	along the way) →
(15.00 - 17.00)	4:00 PM: Drop-off at a hotel in Colombo city.